



COURAGEOUS SAILING

COURAGEOUS Frostbite Racing Series 2024-2025

Courageous Sailing Center
Pier 4, Charlestown Navy Yard
Boston, MA 02129

The Organizing Authority (OA) is Courageous Sailing Center (CSC)

NOTICE OF RACE

1 RULES

1.1 The Courageous Frostbite Racing Series will be governed by the rules as defined by the Racing Rules of Sailing (RRS).

1.2 The Racing Rules of Sailing (RRS) are modified by the following:

1.2.a Starting Sequence: As described in Appendix S of the RRS, the three-minute dinghy starting signals shall be used for all races. In order to assist competitors when sound signals might be inaudible, the sound signals may be supplemented by visual flag signals as indicated in the table below. If there is a discrepancy between flags and sound signals, the sound signals shall prevail. This changes both Appendix S and Rule 26.

1.2.b If there is a collision causing damage, all parties involved in the collision **must** immediately retire from the current race, sail clear of other boats directly to a Race Committee boat to report the incident and display the damage. Boats thus retiring are unable to exonerate themselves although they may be eligible for redress. This changes RRS 44.

1.2.c A boat intending to protest or request redress based on an incident in the racing area that she is involved in or sees shall, at the first reasonable opportunity after she finishes, inform the Race Committee at the finishing line of her intent to protest or request redress and, when applicable, the identity of the protestee. Failure to do so may be grounds for declaring the protest invalid under RRS 63.5. This changes RRS 61 and 62.

1.2.d RRS 62.1(b) is changed to “swamping, capsizing, disablement, injury, or physical damage because of the action of a boat that was breaking a rule of Part 2 or of a vessel not racing that was required to keep clear.”

1.2.e The following is added to the end of RRS 62.1: “(e) failure of equipment on the boat that could not be prevented by a reasonable inspection and/or adjustment prior to racing.” Competitors are reminded to inspect knots, halyards, sheets, control lines, tiller extension and fittings, shackles, cotter pins, and cotter rings (‘ring dings’) used the secure stays to the hull or blocks to the boom, mast, traveler, or boat, before leaving the dock. If they do not do so, they should not expect relief when simple and preventable failures occur.

1.2.f RRS 40 is deleted and replaced with: “All competitors shall wear, while on the water or dock, other than for brief periods while adding or removing clothing, an approved US Coast Guard PFD. The PFD must be worn outside all clothing, except that a thin shirt may be worn over the PFD to prevent snagging.” Note that flag Y will not be displayed. This changes the preamble to Part 4 of the

RRS.

1.2.g If there is a collision causing damage, all parties involved in the collision **must** immediately retire from the current race, sail clear of other boats directly to a Race Committee boat to report the incident and display the damage. The Race Committee will assess the damage and determine if one or all parties must retire from the remainder of the remaining races. At the discretion of the Race Committee, one or both boats involved in the collision may be subject to immediate retirement from the remaining races for that day. This changes RRS 44.

2 ELIGIBILITY AND ENTRY

2.1 The regatta is open to the first twenty-two (22) teams who submit a complete roster (name, mailing address, and email address of all skipper and crew) and payment of the regatta fee. Entries are to be submitted for complete teams, by the skipper(s) of each team. Up to three additional boats will be available for single-day use.

2.2 All competitors shall provide a signed Courageous Sailing Center waiver. It is the responsibility of the team captain and skipper to ensure that everyone on their team has signed a waiver before using the Courageous dock and boats. No individuals may be on the CSC dock or boats without having signed a waiver.

2.3 Strong sailing and racing skills are expected of all skippers. Skippers must be approved in advance by the OA [Dave DiLorenzo, Caitlyn Ridgely, Nate Peterson, or an otherwise designated PRO]. The OA, at its discretion, may accept "co-skippers" who are equally responsible.

2.4 Teams shall consist of a minimum of two people. All teams must race with one skipper and no fewer than one and no more than three additional team members.

2.5 The OA will maintain and make available a list of individual skippers and crew who are looking to join a team, but cannot take responsibility for coordinating teams of individuals.

2.6 Combination teams or "syndicates" are permitted, provided the team designates a skipper or co-skippers who will be primarily responsible for registration and payment, as well as any subsequent damages that may occur while sailing.

2.7 Substitutions

(a) When a registered skipper is unable to continue in the event, that skipper may seek the approval of the OA to authorize another crew member to substitute.

(b) When a registered crew member is unable to continue in the event, the team skipper may authorize a substitute, a temporary substitute, or other adjustment.

3 FEES

The entry fee is \$1750 per boat. Payment of the entry fee shall be made by cash, check, or credit card.

4 SCHEDULE OF EVENTS

4.1 Races in this series shall be held between November 9, 2024, and March 22, 2025, on the following Saturdays:

- **Series 1: November 9, 16, 23, December 7, 14**
- **Series 2: January 4, 11, 18, 25, February 1**
- **Series 3: February 8**
- **Valentine's Day Regatta: February 15**
- **Series 3 (cont.): February 22, March 1, 8, 15**
- **Make-up Day : March 22 (may be used for any series by sliding dates forward)**

4.2 The schedule of events each Saturday shall be as follows:

- 1130 Skipper's meeting

- 1200 First warning
- 1500 Final race start

4.3 Awards will be presented shortly after the conclusion of racing for each series.

4.4 Racing for a given day may be canceled due to weather at the discretion of the OA. The OA may attempt to reschedule such cancellations.

5 BOATS

Rhodes 19s will be provided by the Courageous Sailing Center (CSC).

6 SAILING INSTRUCTIONS

The sailing instructions will be available prior to the first race and on the website of CSC.

7 VENUE

The venue is the Courageous Sailing Center on Pier 4 in the Charlestown Navy Yard, Boston, MA. Races will be conducted within the Inner Harbor area. Driving directions, parking suggestions, and a description of public transportation options are available at <https://courageoussailing.org/sailing/adult/adult-faq/>

8 COURSES

The [Courageous Course Diagram](#) illustrates the seven possible courses.

9 SCORING

9.1 There will be three series, each with 5 scheduled days of racing.

9.2 A minimum of 5 races shall be completed to constitute a series.

9.3 The number of races on each day will be subject to the weather conditions at the discretion of the OA.

9.4 Daily Scoring: A low-point system, as described in Appendix A of the RRS, will be used.

9.5 9.5 Series Scoring: For a series comprising races over several non-consecutive days, a high point scoring system will be used.

9.6 A more detailed description of the scoring will be provided in the Sailing Instructions.

10 PRIZES

Prizes for 1st, 2nd and 3rd place will be awarded to competitors placing first through third for each of the three series and the overall season. A sportsmanship award for the overall season will also be given.

11 MEDIA RELEASE

By participating in the race or regatta, a competitor (or parent/guardian if under age 18) grants to the organizing authority and its sponsors the absolute right and permission to use their name, voice, image, likeness, and biographical information in perpetuity in any media, including but not limited to television, video, print, and electronic media, for the purpose of advertising, promoting, reporting and disseminating information regarding the regatta and the participants.

12 DISCLAIMER

12.1 All participants are reminded of RRS 4, Decision to Race. Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not accept any liability for damage to any boat or other property or the injury to any competitor, including death, sustained in conjunction with or prior to, during, or after the regatta. By

participating in the regatta, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation to the fullest extent permitted by law.

12.2 All race days are sailed based upon their conditions, there are still some guidelines that drive decisions including:

- Wind (including gusts) exceeding the temperature
- Gusting beyond 25
- Gale Warnings are present for the day of racing

All conditions in the winter come with inherent risk that must be assumed by the sailor. A day of racing is not a promise of safety from Courageous.

13 FURTHER INFORMATION

Courageous Sailing Center
Pier 4, Charlestown Navy Yard
Boston, MA 02129
617.242.3821
www.courageoussailing.org

Date of issue: Tuesday, September 10, 2024