

Dear Courageous Friend,

Everyone who sails knows intuitively that sailing has its own unique magic. But lately, we've been delving a little deeper into why sailing has such a profound impact on the lives of Courageous kids. The way we see it around here, the transformation that comes with learning to sail starts within the self, but it doesn't stop there — it ripples out

to impact the way young people relate to others, and how they connect to the wider world.

Celebrate your impact with the Courageous community! Donate \$1,000 or more, and we'll thank you with tickets to the Courageous37 gala on November 14! courageoussailing.org/courageous37

We can't think of another sport that fosters personal growth like sailing does. Courageous kids are challenged to go beyond their comfort zones, to steer big boats through harbor traffic, and stay calm and in control through gusts and windshifts. No wonder our students credit sailing at Courageous for **"testing my skills and knowledge**

in a great way that made me feel more confident" and **"making me more resourceful and brave!"** 68% feel they've grown as leaders at Courageous, and **87% feel more confident.** There's no question that the confidence and lessons that Courageous kids learn on the water often make the most difference back on land, as they try new things and overcome tough challenges.

But the experience doesn't just impact our students on an individual level — working together to control a sailboat builds strong bonds, not to mention valuable interpersonal skills. Year after year, our students stress how much better they've become at communicating, trusting their crew-mates, and finding ways to work with and appreciate peers with whom they wouldn't otherwise become friends.



90% of Courageous kids are proud of their improvement as sailors.

75% feel that sailing has made them better at solving problems, making decisions, and persevering through challenges.



COURAGEOUS SAILING

Our diverse, supportive community truly makes Courageous special...and it all starts with being — literally and figuratively — in the same boat.

And last but certainly not least, sailing opens up the world to our students. Sailing at Courageous is a springboard to so many things: the science behind the sport, the study and appreciation of the natural world, racing and competition, paid job training, opportunities for academic growth, access to support from on-site social workers, and more.

Imagine the sense of possibility that a kid feels when they sail away from the dock knowing that — with a little more time and perhaps a bigger boat — they could sail anywhere in the world!

At Courageous, we are committed to ensuring that metro Boston kids from all walks of life have equitable access to the boundless possibilities unlocked when they can say proudly, “I am a sailor.” Please, help us make this powerfully transformative sport part of the lives of even more young people.

Gratefully,

Dave DiLorenzo
Executive Director

Jennifer Bodde
Education Director



74% of Courageous kids feel that sailing has made them better at working with people.

SUPPORTS PROVIDED INCLUDE:

school bus transportation, swimming instruction, on-staff social workers, and academics.

57% of summer students received full scholarships.

64% of Courageous kids are youth of color.



Your gift makes a difference!

Please visit

courageoussailing.org/giving

to learn more or donate.

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